



401 W Baseline Rd, Suite 210 | Tempe, AZ 85283
(480)307-6446

October 18, 2024

To Whom It May Concern:

I am writing this letter of recommendation for Sydney Burns, who I have had the pleasure of working with as her Clinical Supervisor since April of this year. Sydney has natural ability and intuition in the therapy space and I have seen her do amazing work with her clients thus far. She has the ability to build rapport with others with ease. Her nonjudgmental and culturally sensitive approach makes others feel safe and supported. Sydney is intelligent and very eager to continue to learn any chance that she gets. She is able to confidently relay psychoeducation and skills to clients/parents that show positive outcomes. Sydney is a quick learner, is open to any feedback provided, and communicates well with myself and other professionals. She is very team oriented and bonds well with coworkers, contributing to a positive work environment. I have appreciated her positive demeanor and willingness to learn.

I have known Sydney to comply with all Arizona Board of Behavioral Health or Practice Policies, resulting in no administrative or clinical concerns. She operates within her scope of practice and seeks support when needed appropriately. I have observed Sydney be well organized as a professional and punctual with clients and documentations needed.

As her Clinical Supervisor I see her as more of an advanced intern and believe she will continue to develop into a very strong therapist. It has been my pleasure to watch her become more confident in herself as she further develops her professional identity.

Respectfully,

A handwritten signature in black ink, appearing to read "Cassi Alva", with a small "LPC" written to the right of the signature.

Cassi Alva, LPC
Client Care Manager/Clinical Supervisor/Therapist
cassi@taproottherapy.com